LECS I

Instructions for use

- 1. Carefully insert the nelaton catheter through the catheter holder (also known as the lizard tongue), inserting the drainage eyelets first.
- 2. Locate the proper securement area by laying LECS I device directly on the suprapubic region on top of the Stoma. Once the area has been identified, place LECS I device off to the side.
- **3.** Clean and degrease the securement area, as well as the surrounding area, with alcohol or other local disinfecting and cleansing protocols. Allow the skin to dry.
- **4.** Administer the provided skin protectant using pads in direction of hair growth, applying the protectant to an area larger than the securement area. Allow to dry completely (10-20 seconds)
- **5.** Using a permanent marker, write the date of administration on LECS I device pad and initial.

SIDE NOTE: Always insert the catheter into the LECS I Stabilization Device catheter holder before applying adhesive pad to skin

- **6.** Align the LECS I device over securement area leaving 3cm of catheter slack between insertion area and place holder.
- **7.** While holding the device by the catheter holder, peel off the adhesive protectant, and place sticky side down on skin, making sure to keep the adhesive taught and smoothing out any wrinkles.
- **8.** For continual drainage, secure the tongue on the side without the triangular modification.
- **9.** For intermittent drainage, secure the tongue on the side with the triangular modification.

Lecs instructions for removal



CATHETER REMOVAL:

- 1. Open catheter holder by pressing and pinching the securing clamps with thumbs, gently lift to open.
- **2.** Carefully remove the Foley catheter from the LECS Stabilization device, and dispose properly.

ADHESIVE REMOVAL:

The LECS has a very strong hypo-allergenic adhesive; it is crucial that it is removed gently and correctly.

- 1. Using alcohol pads, gently rub the edge of the LECS adhesive pad until corners lift.
- **2.** Continue to stroke undersurface of pad in a back and forth motion, releasing alcohol to dissolve the adhesive pad and remove it off the skin.

DO NOT FORCE OR PULL PAD TO REMOVE



